

My wife and I lived in the same three-bedroom house for 51 years, and you can imagine how much *stuff* we accumulated without realizing it. But, about three years ago, because of the wife's accumulating medical problems, we needed to begin moving to a place that could provide her with some assistance. OK, but three garage sales in a row did very little in diminishing all that stuff. Somehow, somebody recommended that Karen could provide *us* with some assistance in moving to the two-bedroom apartment we found at Brookdale Senior Living. She came by to discuss the problem and we signed her up. She did a marvelous job of organizing the move and downsizing the accumulation. Well worth it!

After two and a half years in Brookdale's Assisted Living, my wife passed on, and I no longer needed all that space. I could save money by moving into a one-bedroom apartment in the Independent Living part of Brookdale. I called on Karen to help me with *another* downsizing and re-arrangement of furniture. Again, well worth it. About a year after my move, a fellow resident in Assisted Living, whose husband had more recently died, also decided to move into Independent. On my urging, she also asked Karen to help her in making the move.

So, with those three experiences, I do recommend Downsizing-Made-Simple for folks who need that kind of help.