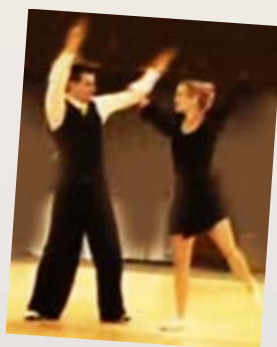
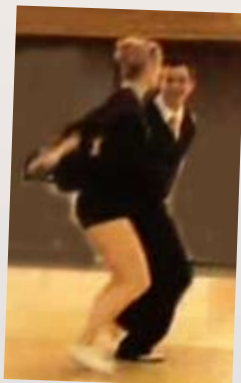
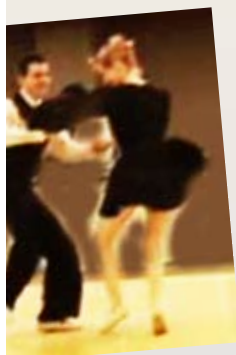


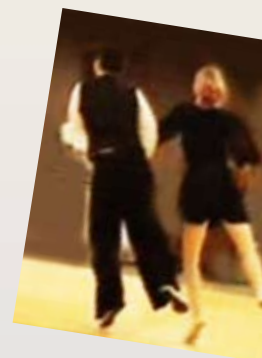
CARLA & ZACK

Heiney



Richard

LINDY HOP
& BALBOA



Workshop

ALBUQUERQUE March 6–8, 2009
at Enchantment Ballroom

Friday, March 6, 2009

- 7:00 pm – 10:00 pm Dance at Diane's: Bring drinks and snacks
Call (505) 417-6467 for directions.
9:00 pm – 11:30 pm Dance at Studio East

Saturday, March 7, 2009

- 9:15 am – 10:30 am Intro to Swing Outs (Rachel Green and Anthony Chen)
10:45 am – 12:00 pm Swing Outs with Style
Lunch
1:15 pm – 2:30 pm Connection
2:45 pm – 4:00 pm Challenging Moves and Cool Turns
4:15 pm – 5:30 pm Improvisation
9:00 pm – 12:00 am Dance: DJ David Keogh: Live Jazz by the
Solomon Douglas Quartet,
Performance by Jive O' Five
12:30 am – 3:30 am Late Night Dance at Lloyd Shaw:
DJs Suzanne Sluizer and Aaron Cabral.

Sunday, March 8, 2009

- 9:15 am – 10:30 am Intro to Balboa (Kenny Russell and Yuliya Sofronova)
10:45 am – 12:00 pm Pure Balboa
Lunch
1:15 pm – 2:30 pm Bal-Swing
2:45 pm – 4:00 pm More Bal-Swing
4:15 pm – 5:30 pm Soulful Swing
8:00 pm – 10:00 pm Dance: DJ Kevin Clark

Venues

Studio East: 332 Camino Del Monte Sol, Santa Fe, NM
Enchantment Ballroom: 337 San Pedro NE, Abq, NM
Lloyd Shaw Dance Center: 5506 Coal SE, Abq, NM

email: wing@swcp.com

www.swcp.com/~wing/carlaandzack2009.pdf

Register at the door.

Cash and checks accepted

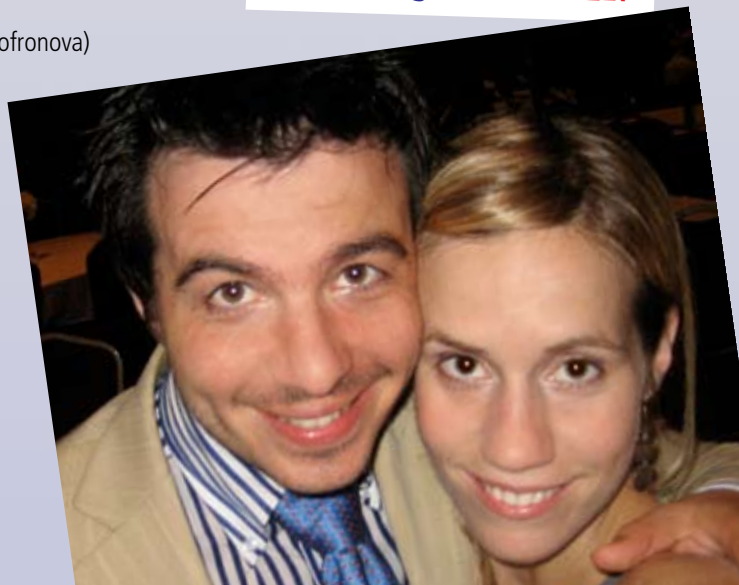
WORKSHOP PASS \$75
includes ALL CLASSES & SOCIALS

With Student ID: \$65

CLASS FEE
\$15 per CLASS

SATURDAY DANCE \$20
Featuring Seattle's
SOLOMON DOUGLAS QUARTET

Saturday LATE NIGHT and
Sunday night dance FREE!



CARLA HEINEY (San Francisco, www.carlaheiney.com): In 1997, Carla fell in love with classic Swing music from the Big Band era; a direct result of her grandfather singing the tunes around the house with the occasional truckin' step added into his stroll. Since then, Carla has traveled the world, teaching and dancing. Competing is fun for Carla and a great way to push her limits, but her real passion is teaching dance and social dancing. She travels all over the country and the world teaching this art form to others and is excited to call San Francisco home.

Among many of her titles, Carla is a 2006 US Open Showcase Champion, 2007 National Jitterbug Champion, & 2007 American Lindy Hop Champion. She has also won the Lindy Showcase division with in 2001, 2002, 2004 and the US Open Strictly Lindy division in 2003. She is a 4 time American Lindy Hop Champion and the 2005 World Lindy Hop Champion in the Improvisational division. She has worked with Aretha Franklin, Jeff Tyzik, B.B. King, Erich Kunzel, Nell Carter, and Rita Moreno. She has danced at Carnegie Hall and the Kennedy Center. She appeared on "Dance Fever" in 2003 and was a featured dancer using Motion Capture technology in the 2004 film "The Polar Express." Carla was also featured in the 2008 movie "Love and Dancing."

ZACK RICHARD (Montreal, www.swingconnexion.com): Zack got into dancing the good old way: through family. His parents were ballroom dancers who brought him to dances for as long as he remembers—actually, his mother was his very first ballroom dance partner! Most ballroom dances he learnt so young he doesn't even remember, but he does remember starting formal lessons at 15 years, and discovering he had a lot to learn still!

Zack discovered swing dancing through the movie Swing Kids and immediately fell in love with the energy, the music and the unique movement of the dance, nearly dropping everything else. After teaching for the Arthur Murray studios, he decided to specialize in swing dancing, and that's almost exclusively what he does nowadays. Zack has been featured on film and in many shows, most notably at the Montreal International Jazz Festival where thousands of jazz enthusiasts gather each year.

Founder and director of the Swing ConneXion Studios in Montreal, he teaches thousands of students every year, both in his studios and during his travels around the world. He has visited Berlin, London, Paris, San Diego and Sydney, many times.

SOLOMON DOUGLAS (Seattle, www.solomondouglas.com): Solomon is a beloved dance teacher, musician and bandleader, known and respected throughout the worldwide swing dancing community. From September to December of 2006, he toured the United States and Japan as a member of the world-famous Glenn Miller Orchestra. He is now living on the road, working as a freelance musician and dance instructor.

Solomon's bands (including the Solomon Douglas Swingtet, Back Pocket, Corner Pocket, and the Solomon Douglas Trio) have played at countless exchanges, camps, workshops, and other events in North America, Asia, and Australia since 2000. His experience as a swing dancer and dance instructor gives him an understanding unique among musicians of the music that swing dancers and blues dancers like to dance to!

ANTHONY CHEN AND RACHEL GREEN: Anthony and Rachel teach Lindy Hop in Albuquerque, where they also organize dance events. They compete regionally.

KENNY RUSSELL AND YULIYA SOFRONOVA: Kenny has taught Balboa in Australia, Japan, and in Hawaii where he organized dance events.

Thanks to DJs David Keogh, Suzanne Sluizer, Aaron Cabral, and Kevin Clark. Special thanks to Diane Ross, Suzanne Sluizer, Carolyn Spinney, and Mina Yamashita.